

Full Circle Health & Wellness

1308 Park St
McHenry, IL 60050
(815) 322-9906

Scott Bennet

Treatment Date	December 05, 2020
Service Provider	Alexandria Andrzejewski (Licensed Massage Therapist)
Treatment Offered	90min Couples Therapeutic Massage

Subjective Symptoms: Onset / Location / Intensity / Frequency

CL works in construction, typically works out, stretches and utilizes CBD. CL complained about back tension.

Objective Findings: Visual / Palpable / Test Results

CL likes medium to deep pressure. Greater muscle tension within clients erectors, traps, pecs, quads and lower legs.

Assessment Goals: Long term / Short term

Tissue was very pliable, keep up the stretching and exercise!

Plan Future Treatment / Frequency

Recommended coming in monthly.